National communicable diseases digest: epidemiological week 20

ABSTRACT

This communicable diseases digest offers a summary of incidence rates for the Ministry of Health's epidemiological week 20. It draws on weekly data retrieved through the Belize Health Information System (BHIS) which seeks to improve individual health outcomes and public health performance as well as to optimize resource utilization. Using graphics, national, seasonal and weekly trends are compared for the following: Acute Respiratory Infections (ARIs), a leading cause of death among children under the age of five; Severe Acute Respiratory Infections (SARIs), which have the potential for large scale epidemics; Gastrointestinal Diseases; Vector Borne Diseases; Sexually Transmitted Infections (STIs); and other Communicable Diseases/Outbreaks/Public Health related incidents.
ARIs and SARIs:

- The national under 5 ARI incidence rate for epidemiological week 20 was below the average for the season, and that of the previous week. The stabilisation of incidence is in line with the trend for this time of year at the national level, but will vary by region and facility.

- The national over 5 ARI incidence rate for week 20 was below the average for the season, and below the previous week. This is the first time it has been below the average in 12 weeks although rates may vary at the regional and facility.
The rate of severe acute respiratory illnesses for week 19 stood below the seasonal average and below that of the previous week. Reported SARI cases have trended upwards in the past two weeks but health professionals must be mindful of local trends at regional and facility level.
Gastrointestinal Diseases:

- The national under 5 GE incidence rate for epidemiological week 20 was 82.3% below the seasonal average and 44.6% below the previous week.

- The national over 5 GE incidence for week 20 was 68.1% below the seasonal average, and 65% below the previous week. All data has not been made for this epi week and rates may vary by region.
Vector Borne Diseases:

- The national laboratory confirmed dengue incidence rate for epidemiological week 20 was 0 or no confirmed cases, and was below the seasonal average, it was also below to the previous week.

- The national laboratory confirmed zika incidence rate for week 20 is zero.

- The national laboratory confirmed incidence chikungunya rate remains at zero.

- The national laboratory confirmed malaria incidence rate remains at zero.
Sexually Transmitted Infections (STIs):

- The national syphilis incidence rate for week 20 was 0.8 per 100,000 which is 14.3% above the seasonal average and equal to the previous three week. Rates are based on syndromic surveillance and not lab confirmation.

- The national genital herpes rate for epidemiological week 20 stands at 0 per 100,000 which is 100% below the average and equal to the previous two week. Rates are based on syndromic surveillance and not lab confirmation.
• The national gonorrhoea incidence rate for week 20 was 0 per 100,000 which is 100% below the seasonal average and equal to the preceding week. Rates are calculated on syndromic surveillance and not lab confirmation.

• All other unspecified sexually transmitted infections combined for week 20 was 0 per 100,000 which is 100% below the average, and equal to the previous week. Rates are calculated on syndromic surveillance and not lab confirmation.
Other Communicable Diseases/Outbreaks/Public Health Related Incidents:

- The national conjunctivitis incidence rate for epidemiological week 20 was 54.5% below the seasonal average and 41.2% below the previous week. Current rates are safely within the normal range.

- The national scabies incidence rate for week 20 was 60% below the seasonal average, and decreased 50% from the previous week.

† It should be noted that all figures stated herein are based on data retrieved through the BHIS. Given that compliance in using the BHIS remains inconsistent among and within health facilities, as well as the fact that not all diseases in the weekly endemic channel are reported by laboratory results this digest should be treated as a summary to be complimented by additional surveillance methods and sources, and not necessarily as a definitive guide.