

MAGNETIC RESONANCE IMAGING IN THE EVALUATION OF CORONARY ARTERIES, STATE OF THE ART AND FUTURE ROLE: CORONARY ANGIOGRAPHY AND VESSEL WALL EVALUATION BY MAGNETIC RESONANCE IMAGING

JOSÉ RODRIGUES PARGA FILHO, CÉSAR AUGUSTO MASTROFRANCISCO CATANI

Coronary artery disease is the major cause of death in western countries, and coronary artery tree evaluation still relies on X-ray contrast coronary angiography. Magnetic resonance coronary angiography approaches had to overcome some cardiac and respiratory motion artifacts with electrocardiographic gating, multiple breath-hold or navigator sequences in order to obtain clinical useful images. First attempts showed limited results, but newer and faster sequences during breath-hold (first generation), navigator (second generation) and recently (spiral, dark blood and parallel imaging) introduced a wide range of techniques for consistent diagnostic management. Finally, extracellular paramagnetic contrast and, experimentally, intravascular contrast agents improved image quality. Clinical applications nowadays are the evaluation of congenital anomalies, bypass grafts, and coronary obstructions. Literature reports showed long coronary segments and a variety of degrees of sensibility and specificities on the coronary evaluation. Until now, the basis of quantification of coronary atherosclerotic disease is the lumen evaluation during angiography, what may not be considered the most reliable parameter. Recently, vessel wall analysis showed significant differences between normal volunteers and patients with known coronary disease, opening a broad range of new information. In conclusion, the rapid evolution of magnetic resonance imaging allowed promising results on the evaluation of the coronary tree and vessel wall morphology. These results may have a profound impact on early detection, follow-up and treatment results of the coronary artery disease.

Key words: magnetic resonance imaging, coronary artery disease, coronary angiography, atherosclerosis.

(Rev Soc Cardiol Estado de São Paulo 2002;1:87-95)

RSCESP (72594)-1194

REFERÊNCIAS

1. American Heart Association. Heart and Stroke Facts, 1998. Dallas: AHA, 1998.
2. Mansur AP, Favarato D, Souza MFM, Avakian SD, Aldrighi JM, César LAM, et al. Tendência do risco de morte por doenças circulatórias no Brasil de 1979 a 1996. Arq Bras Cardiol 2001;76:497-503.
3. Petty RG, Pearson JD. Endothelium: the axis of vascular health and disease. J R Coll Phys 1989;23:92-101.
4. Rubanyi EM. The role of endothelium in cardiovascular homeostasis and disease. J Cardiovasc Pharmacol 1993;22(S1):1-14.
5. Kaji S, Akasaka T, Yoshida K. Noninvasive coronary imaging. J Cardiol 2001;37(1):51-6.
6. Biederman RW, Sorrel VL, Nanda NC, Voros S, Thakur AC. Transesophageal echocardiographic of coronary stenosis: a decade of experience. Echocardiography 2001;18:49-57.
7. Achenbach S, Ropers D, Regenfus M, Pohle K, Giesler T, Moshage W, et al. Noninvasive coronary angiography by magnetic resonan-

- ce imaging, electron-beam computed tomography, and multislice computed tomography. *Am J Cardiol* 2001;88(2-A):70E-73E.
8. Sardinelli F, Molinari G, Zandrino F, Balbi M. Three-dimensional, navigator-echo MR coronary angiography in detecting stenosis of the major epicardial vessels, with conventional coronary angiography as the standard of reference. *Radiology* 2000;214:808-14.
 9. Hoffman MB, Wickline SA, Lorenz CH. Quantification of in-plane motion of the coronary arteries during the cardiac cycle: implication for acquisition window duration for MR flow quantification. *J Magn Reson Imaging* 1998;8:568-76.
 10. Wang Y, Vidan E, Bergman GW. Cardiac motion of coronary arteries: variability in the rest period and implications for coronary MR angiography. *Radiology* 1999;213:751-8.
 11. Botnar RM, Stuber M, Danias PG, Kissinger KV, Manning WJ. Improved coronary artery definition with T2-weighted free-breathing 3D-coronary MRA. *Circulation* 1999;99:3139-48.
 12. Taylor AM, Jhooti P, Wiesmann F, Keegan J, Firmin DN, Pennell DJ. MR navigator-echo monitoring of temporal changes in diaphragm position: implications for MR coronary angiography. *J Magn Reson Imaging* 1997;7:629-36.
 13. Lieberman LM, Botti RI, Nelson AD. Magnetic resonance of the heart. *Radiol Clin North Am* 1984;22:847-51.
 14. Paulin S, von Schulthess GK, Fossel E, Krayenbuehl HP. MR imaging of the aortic root and proximal coronary arteries. *Am J Roentgenol* 1987;148:665-70.
 15. Manning WJ, Li W, Edelman RR. A preliminary report comparing magnetic resonance coronary angiography with conventional angiography. *N Engl J Med* 1993;328:828-32.
 16. Manning WJ, Li W, Boyle NG, Edelman RR. Fat-suppressed breath-hold magnetic resonance coronary angiography. *Circulation* 1993;87:94-104.
 17. Atkinson DJ, Edelman RR. Cineangiography of the heart in a single breath-hold with a segmented TurboFLASH sequence. *Radiology* 1991;178:359-62.
 18. Ehman RL, Felmler JP. Adaptive technique for high-definition MR imaging of moving structures. *Radiology* 1989;173:255-63.
 19. Wang Y, Grimm RC, Rossman PJ, Debbins JP, Riederer SJ, Ehman RL. 3D coronary MR angiography in multiple breath-holds using a respiratory feedback monitor. *Mag Reson Med* 1995;34:11-6.
 20. Lenz GW, Haake EM, White RD. Retrospective cardiac gating: a review of technical aspects and future directions. *Mag Reson Imaging* 1989;7:445-55.
 21. Oshinski JN, Hofland L, Mukundan Jr S, Dixon WT, Parks WT, Pettigrew RI. Two-dimensional coronary angiography without breath-holding. *Radiology* 1996;201:737-43.
 22. Sachs TS, Meyer CH, Irrazabal P, Hu BS, Nishimura DG, Macovski A. The diminishing variance algorithm for real-time reduction of motion artifacts in MRI. *Mag Reson Med* 1995;34:412-22.
 23. Jhooti P, Gatehouse PD, Keegan J, Bunce NH, Taylor AM, Firmin DN. Phase ordering with automatic window selection (PAWS): a novel motion-resistant technique for 3-D coronary imaging. *Mag Reson Med* 2000;43:470-80.
 24. Huber ME, Hengesbach D, Botnar RM, Kissinger KW, Boesiger P, Manning WJ, et al. Motion artifact reduction and vessel enhancement for free-breathing navigator-gated coronary MRA using 3D k-space reordering. *Mag Reson Med* 2001;45:645-52.
 25. Nagel E, Bornstedt A, Hug J, Schnackenburg B, Wellnhofer E, Fleck E. Noninvasive determination of coronary blood flow velocity with magnetic resonance imaging: comparison of breath-hold and navigator techniques with intravascular ultrasound. *Mag Reson Med* 1999;41:544-9.
 26. Wielopolski PA, van Geuns RJ, de Feyter PJ, Oudkerk M. Breath-hold coronary MR angiography with volume-targeted imaging. *Radiology* 1998;209:209-19.
 27. Meyer CH, Hu BS, Nishimura DG, Macovski A. Fast spiral coronary artery imaging. *Mag Reson Med* 1992;28:202-13.
 28. Börnert P, Aldefeld B, Nehrke K. Improved 3D spiral imaging for coronary MR angiography. *Mag Reson Med* 2001;45:172-5.
 29. Börnert P, Stuber M, Botnar R, Kissinger KV, Koken P, Spuentrup E, et al. Direct comparison of 3D spiral vs. Cartesian gradient-echo coronary magnetic resonance angiography. *Mag Reson Med* 2001;46:789-94.
 30. Stuber M, Botnar RM, Kissinger KV, Manning WJ. Free breathing black-blood coronary magnetic resonance angiography. *Radio-*

-
- logy 2001;219:278-83.
31. Stuber M, Botnar RM, Spuentrup E, Kissinger KV, Manning WJ. Three-dimensional high resolution fast spin-echo coronary magnetic resonance angiography. *Mag Reson Med* 2001;45:206-11.
 32. Jakob PM, Griswold MA, Edelman RR, Manning WJ, Sodickson DK. Accelerated cardiac imaging using the SMASH technique. *J Cardiovasc Magn Reson* 1999;1:153-7.
 33. Stuber M, Botnar RM, Danias PG, McConnell MV, Kissinger KV, Yucel EK, et al. Contrast agent-enhanced, free-breathing, three-dimensional coronary magnetic resonance angiography. *J Cardiovasc Magn Reson* 1999;10:790-9.
 34. Taylor AM, Thorne SA, Rubens MB, Jhooti P, Keegan J, Gatehouse PD, et al. Coronary artery imaging in grown up congenital heart disease: complimentary role of magnetic resonance and X-ray coronary angiography. *Circulation* 2000;101:1670-8.
 35. Kalden P, Kreitner KF, Wittlinger T, Voigtlander T, Krummenauer F, Kestel J, et al. Assessment of coronary artery bypass grafts: value of different breath-hold MR imaging techniques. *Am J Roentgenol* 1999;172:1359-64.
 36. Manning WJ, Li W, Boyle NG, Edelman RR. Fat-suppressed breath-hold magnetic resonance coronary angiography. *Circulation* 1993;87:94-104.
 37. Post JC, van Rossum AC, Hofman MB, de Cock CC, Valk J, Visser CA. Clinical utility of two-dimensional magnetic resonance angiography in detecting coronary artery disease. *Eur Heart J* 1997;18:426-33.
 38. Van Geuns RJM, Wielopolski PA, de Bruin HG, Rensing BJWM, Hulshoff M, van Ooijen PMA, et al. MR coronary angiography with breath-hold targeted volumes: preliminary clinical results. *Radiology* 2000;217:270-7.
 39. Boehm DH, Wintersperger BJ, Reichenspurner H, Gulbins H, Detter C, Kur F, et al. Contrast-enhanced magnetic resonance angiography for control of minimally invasive coronary artery bypass conduits. *Heart Surg Forum* 1999;2(3): 222-5.
 40. Molinari G, Sardanelli F, Zandrino F, Balbi M, Masperone MA. Value of navigator echo magnetic resonance angiography in detecting occlusion/patency of arterial and venous, single and sequential coronary bypass grafts. *Int J Card Imaging* 2000;16(3):149-60.
 41. Polak JF. MR coronary angiography: are we there yet? *Radiology* 2000;214:649-50.
 42. Yuan C, Beach KW, Smith Jr LH, Hatsukami TS. Measurement of atherosclerotic carotid plaque size in vivo using high resolution magnetic resonance imaging. *Circulation* 1998;98:2666-71.
 43. Fayad ZA, Nahar T, Fallon JT, Goldman M, Aguinaldo JG, Badimon JJ, et al. In vivo magnetic resonance evaluation of atherosclerotic plaques in the human thoracic aorta: a comparison with transesophageal echocardiography. *Circulation* 2000;101:2503-9.
 44. Manninen HI, Vanninen RL, Laitinen M, Rasanen H, Vainio P, Luoma JS, et al. Intravascular ultrasound and magnetic resonance imaging in the assessment of atherosclerotic lesions in rabbit. *Invest Radiol* 1998;33(8):467-71.
 45. McConnell MV, Aikawa M, Maiser SE, Ganz P, Libby P, Lee RT. MRI of rabbit atherosclerosis in response to dietary cholesterol lowering. *Arterioscler Thromb Vasc Biol* 1999;19(8):1956-9.
 46. Fayad ZA, Fuster V, Fallon JT, Jayasundera T, Worthley SG, Helft G, et al. Noninvasive in vivo human coronary artery lumen and wall imaging using black-blood magnetic resonance imaging. *Circulation* 2000;102:506-10.